



Science-based Sex & Drug Education

Delivered AT Your School

The Robert Crown Center educators are experts in science-based health education. We've heard it all and we're pretty sure there isn't a question that we haven't been asked. But like any good lesson plan or curriculum, our programs build upon each other for the greatest student impact.

**Are your students
equipped with the
health education
they need?**



Follow the health education continuum.

Just like students need to understand addition before algebra, it's important to learn the basics of health education before moving to more complex topics. Our goal is to ensure that every student has an age appropriate health education foundation as they head from elementary into middle school or middle school into high school. We can only do this with your help.



SEX EDUCATION CONTINUUM:

GRADES
4&5

Puberty Education *Linda and Michael Programs*

These programs provide a unique format separated for "girls only" and "boys only" and compares female and male reproductive anatomy and introduces the physiological changes that occur during adolescence.

DRUG EDUCATION CONTINUUM:

GRADES
4-5

Life Begins Program

GRADES
5&6

Life Begins teaches reproductive science, beginning with the development of the reproductive organs and continuing through fertilization, implantation, gestation and delivery and provides a useful supplement to school human development curriculum.

Science Behind Drugs: *Foundations*

Learn the different type of drugs and how drugs impact the developing brain. Discuss peer pressure, refusal and coping skills in interactive stations for increased engagement.

GRADES
7&8

Teen Sexual Health Program

This science-based health program provides students with straightforward information about sexuality and its risks, including teen pregnancy and sexually transmitted infections (STI).

GRADES
6-7

Science Behind Drugs: *Influencers*

Students learn the influencers of drug use. Using videos, social media, memes, commercials and song lyrics to lead students in a discussion on risk factors, brain development and the difference between use, misuse and abuse.

Parent Programs

Do parents of your students ask about RCC programs, or how to talk to their kids about sex and drugs? Our Parent Programs have been developed to help. We provide parents with the information they need when having a discussion with their kids about puberty, sexuality and drug use. There are two different kinds of parent programs. Our *Parent Overview Programs* provide a snapshot of the content that our educators cover during programs that their kids attend primarily in their schools. The *Community Presentations* are intended for families and cover current trends and strategies to promote family conversations.

GRADE
8

Science Behind Drugs: *Decisions*

This program promotes discussion between students and educators. Students will learn how drug use can impact goal setting and decision-making. More complex detail is provided on the effects of drug use on the brain.



Sex Education Programs

LINDA – Puberty Education for Girls – Grades 4-5

The Linda program provides a unique “girls-only” format for puberty education. It compares female and male reproductive anatomy and introduces the physiological changes that occur during adolescence. Educators address secondary physical changes such as breast development, increased production of sweat and oil, acne, increased body fat, and the growth of body hair, as well as the menstrual cycle.

MICHAEL – Puberty Education for Boys – Grades 4-5

The Michael Program provides a unique “boys-only” format for puberty education. It compares female and male reproductive anatomy and introduces the physiological changes that occur during adolescence. Educators address secondary physical changes such as voice change, increased production of sweat and oil, acne, and the growth of body hair, as well nocturnal emissions and spontaneous erections.

LIFE BEGINS – Grades 5-6

Life Begins teaches reproductive science. Starting with a review of puberty, this program outlines the development of the reproductive organs and continues through fertilization, implantation, gestation and delivery. The learning environment is comfortable and interactive, providing a useful supplement to school human development curriculum. The program’s highly visual presentations bring vivid detail to the miracle of embryology.

TEEN SEXUAL HEALTH – Grades 7-8

This science-based health program provides students with straightforward information about sexuality and its risks, including teen pregnancy and sexually transmitted infections (STI). Students explore the psycho-social, economic, and academic outcomes of teen parenthood as well as the consequences of an STI. Educators teach skills for making responsible sexual choices based on the program content.

PUBERTY EDUCATION FOR STUDENTS WITH SPECIAL NEEDS – Grades 5-9

These puberty education programs (girls-only and boys-only), **tailored to students with special needs**, focus on the physical and emotional changes that are a part of growing up. The programs address personal care, hygiene skills and gender specific content related to puberty. It teaches students to identify appropriate adults with whom they might discuss these issues, how to distinguish between appropriate public and private behavior and safe and unsafe touch.



Drug Education Programs

NEW! SCIENCE BEHIND DRUGS

Our completely redeveloped Science Behind Drugs programs incorporate a comprehensive, blended learning approach to substance abuse prevention education. Tied to both SEL and Health Standards our program structure includes an interactive e-learning lesson prior to the classroom visit from the RCC educators, whole and small group work infused with games, activities and discussions and an app-based post activity to help assessments for teachers. We have three programs that are part of our drug education continuum:

FOUNDATIONS: Grades 4-5

This program starts with the basics. We outline different types of drugs including alcohol, tobacco, marijuana, inhalants and medicines and their impact on the brain and body. Students will begin learning refusal and coping skills and become Peer Prevention Specialists.

INFLUENCERS: Grades 6-7

Students learn about the short and long term risks associated with drug use including alcohol, marijuana and vaping. The influencers and normalization of drug use is explored including social media, song lyrics and advertising.

DECISIONS: Grade 8

Educators lead students in a discussion on more complex topics like polydrug use, the impact of drug use on short/long term goals and a deeper understanding of brain development. Small groups are utilized to help spur discussion and engagement.

Deepen the engagement and SHOW students the effects of drug use.

Resources to Enhance Drug Education and Engage Students

Our Curricular Resources focus on:

ALCOHOL & MARIJUANA and **HEROIN & PAIN PILLS.**

RESOURCES INCLUDE:

Interactive Software: To increase student engagement, we've developed unique software programs that SHOW students the social and physical effects of drug use.

- > **Graphic Novel Software:** Using a graphic-novel style, students walk with a group of friends as they journey with the lead characters as they engage in realistic situations around drug use and its impact. Students will experience the story from both an outside and users perspective.
- > **Brain Software:** Have your students seen the brain in action? Our software shows brain development, the chemical effects of multiple drugs on the brain and how it effects behavior.

Presentations, Lesson Plans & Worksheets: All supporting materials are accessible in the LMS for easy use.

ALCOHOL & MARIJUANA



HEROIN & PAIN PILLS

Robert Crown
Center
for
Health
Education
6
MILLION

Educating over 6 million students since 1974

It's hard to believe but we recently educated our 6 millionth student. To put that in perspective, the average height of a 5th grader is about four and a half feet...if you laid all 6 million out from head to toe it's over 5,000 miles...you could drive from Chicago to Los Angeles two and half times! We've seen a lot of changes in the lives of young people over the past 40 years. With technology being integral in the learning process and the abundance of both good and bad information out in the world, it's more important than ever to make sure that we give our kids the facts about sexuality and drugs!

Visit us at robertcrown.org,
call us at 630-325-1900 or
email us at info@robertcrown.org