candor
health education

formerly known as the
Robert Crown Center for Health Education

Drug & Sex Education Program Guide

As experts in science-based drug & sex education, we've heard it all - there isn't a question we haven't been asked. Our health educators specialize in delivering programs on topics that can be difficult to discuss. Our blended learning, SEL infused programs use storytelling and age-appropriate scenarios to engage your students.

Three unique delivery options:

In-Person Presentation

Our Educators will come to your school for a full program presentation.

Live Virtual Presentation

Virtual but live! These pre-scheduled webinars allow participants to engage with our educators using Zoom.

Online Interactive Program

Receive access to a pre-recorded webinar for 7 days, then schedule a virtual Q&A session with an educator.

Follow the health education continuum

Our program continuum ensures that every student has an age-appropriate health education foundation as they head from elementary into middle school or middle school into high school.

Drug Education Programs

SCIENCE BEHIND DRUGS

Our completely redeveloped Science Behind Drugs programs incorporate a comprehensive, blended learning approach to substance abuse prevention education. Tied to both SEL and Health Standards our program structure includes an interactive e-learning lesson before the program with our educators, group work infused with games, activities and discussions and a post-activity and assessment so students can apply what they have learned. We have three programs that are part of our drug education continuum:

FOUNDATIONS: Grades 4-5

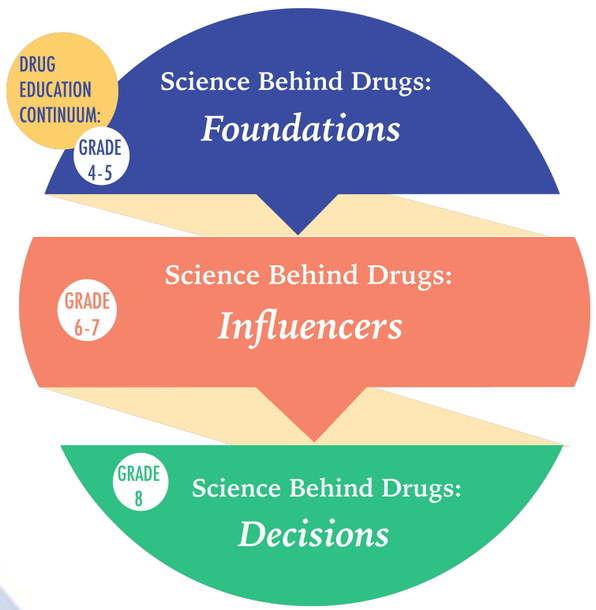
This program starts with the basics. We outline different types of drugs including alcohol, tobacco, marijuana, vaping and medicines and their impact on the brain and body. Students will begin learning refusal and coping skills and become Peer Prevention Specialists.

INFLUENCERS: Grades 6-7

Students learn about the short and long term risks associated with drug use including alcohol, marijuana and vaping. The influences and normalization of drug use are explored through social media, song lyrics and advertising.

DECISIONS: Grade 8

Educators lead students in a discussion on more complex topics like polydrug use, the impact of drug use on short/long term goals and a deeper understanding of brain development. Small groups are utilized to help spur discussion and engagement.



Drug Education Portal

Enhance your current substance abuse prevention lessons with our **FREE** and engaging online resources for Grades 7th-12th:

> **Interactive Graphic Novels:** Journey with our fictional characters down the path of use, abuse and into addiction using an engaging story.

> **Games:** Students can play fun and interactive games to test their knowledge on drugs and their effect on the body.

> **Activities:** Provide students additional activities to hone their skill and reinforce the lessons.

Sex Education Programs

NEW! Puberty I–UNDERSTANDING CHANGES : Grades 4-5

This SEL infused program is taught through storytelling and age-appropriate scenarios and is designed to help students understand puberty. It compares female and male reproductive anatomy and introduces the physiological changes that occur during adolescence. This class may be taught in gender specific groupings or a combined gender setting. This program incorporates a blended learning approach, including an interactive e-learning lesson prior to the Educator-led program.

NEW! Puberty II–NAVIGATING CHANGES: Grades 5-6

This program picks up where *Understanding Changes* leaves off with additional information on both the male and female anatomy. Students will explore the concept of respect for themselves and others. Difficult topics such as sexual harassment and sexting are explored through age-appropriate scenarios. This program incorporates a blended learning approach, including an interactive e-learning lesson before the Educator-led program. Puberty I is a prerequisite for this program.

LIFE BEGINS: Grades 5-6

Life Begins teaches reproductive science. This program outlines the development of the reproductive organs and continues through fertilization, implantation, gestation and delivery. The program's highly visual presentations bring vivid detail to the science of embryology and is a great supplement to human development curriculum.

PUBERTY EDUCATION FOR STUDENTS WITH SPECIAL NEEDS: Grades 5-9

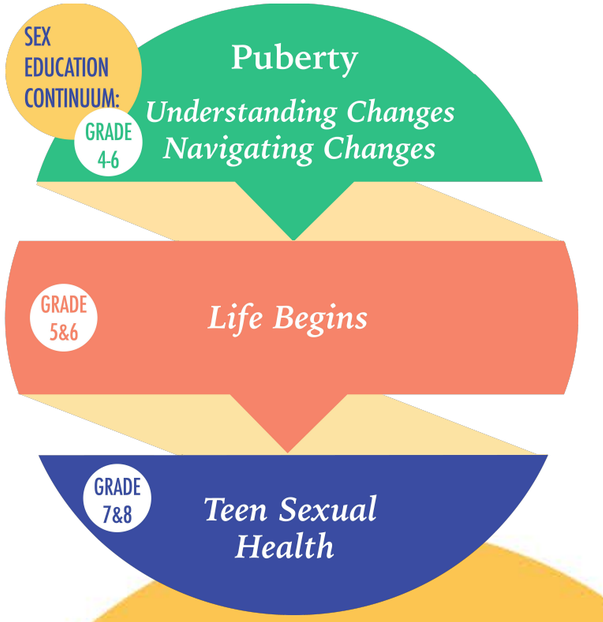
These puberty education programs (girls only and boys only), tailored to students with special needs, focus on the physical and emotional changes that are a part of growing up.

NEW! TEEN SEXUAL HEALTH I: Grades 7-8

This redeveloped program provides students with straightforward information about sexuality and its risks using an engaging story-telling approach. Science-based program topics include forms of sexual contact, teen pregnancy and contraception and the signs and consequences of sexually transmitted infections (STIs). Additionally, topics such as identity and values, healthy communication, consent, and gender are explored. Based on the program content, educators lead students in identifying the skills and strengths that they possess to make responsible sexual choices.

COMING SPRING 2021! TEEN SEXUAL HEALTH II: Grades 7-8

This entirely new program picks up where Teen Sexual Health I left off. In Teen Sexual Health II, students explore the far reaching impact of sexting, the importance of setting boundaries in relationships, how to show affection without initiating sex, the warning signs of an unhealthy relationship, the impact of alcohol or other drugs on sexual decision-making, and the impact of sexually explicit pictures and videos. With a focus on respect for self and for others, students are given ideas for conversation starters to help navigate boundary-setting and consent. Teen Sexual Health I is a pre-requisite.



Parent Programs

Do parents of your students ask what's included in the sex and drug programs that we deliver? Or do they ask how to talk to their kids about sex and drugs? Our Parent Programs have been developed to help. We provide parents with the information they need when having a discussion with their kids about puberty, sexuality and drug use. There are two different kinds of parent programs: *School Program Overviews for Parents* and our Community Presentation series *Raising Healthy Teens.*

School Program Overviews for Parents

These programs provide a snapshot of the content that our educators deliver to students during our school programs. We have three different options that schools or PTO/PTA's can take advantage of:

- **Live Virtual Presentation**
- **Recorded Webinar**
- **In-Person Presentation**

Raising Healthy Teens - Community Presentations

Are your parents looking for current trends and strategies to promote family conversations? Our series, *Raising Healthy Teens,* touches on many of the current issues relating to both sex and drugs. Schedule an in-person presentation or live webinar on:

- **Consent**
- **Drug Education**
- **Marijuana**
- **Sex Education**
- **Vaping**

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Empowering young people
to make informed decisions

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