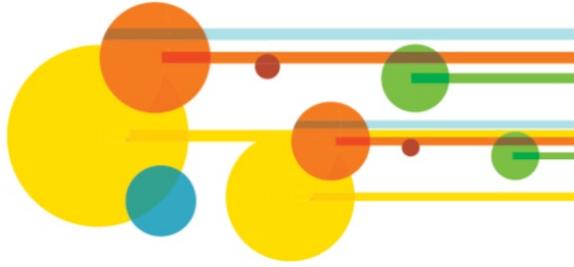
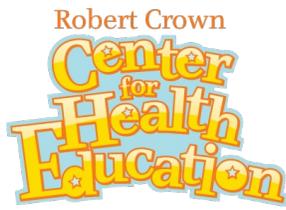


Subscribe to our Mailing List >



Just the Facts.

July 2020
Newsletter

Additional Delivery Options: Elearning or In-Person!

With many schools still deciding the educational structure for the coming year, we've added more options for you and your student to get the health education that they deserve!



In Person Presentation

Our Educators will come to your school for a full program presentation.



Live Virtual Presentation

Virtual but live!
Participants engage with our educators using Zoom



Online Interactive Program

Complete all program components through our Learning Management System (LMS), then schedule a virtual Q&A session with an educator.

The FINAL Robert Crown Center for Health Education Newsletter!

Our NAME will be changing in August.



The next newsletter you receive from us will be as ???? (INSERT NEW NAME HERE...only a month before we can fill in the blank!!!)

We're very excited to keep moving health education forward and we believe a new name will help us reach even MORE students and families. Please remember our programming and mission will be staying the same...provide young people straight forward, candid information about drug and sex education!

From the Experts

Breaking the Stigma

by Nicole Holmes- Robert Crown Center Educator



In the public health/health education community, teen pregnancy and teen parenthood has long been an important topic to address. We are proud of the statistics on the efficacy of comprehensive sex education and long acting reversible contraception in addition to teens utilizing over the counter emergency contraception to reduce teen pregnancy rates. Thankfully teen pregnancy statistics have dropped in the United States (17.4 live births per 1,000 women-CDC, 2018). It is

undeniable that we have made great strides in preventing unintended teen pregnancies. However, one issue that remains unaddressed is the social stigma of teens that DO get pregnant.

[READ MORE >](#)

In the News

When They Know They Are Being Manipulated - It Can Help

Screenagers

These are intense, social, political, medical, and emotional times. Here is the thing — getting more breaks from social media and screen time, in general, can serve as a positive recharge for our kids. But how to do this? I want to suggest a really important conversation that might motivate your kids and teens to sign off a bit more.

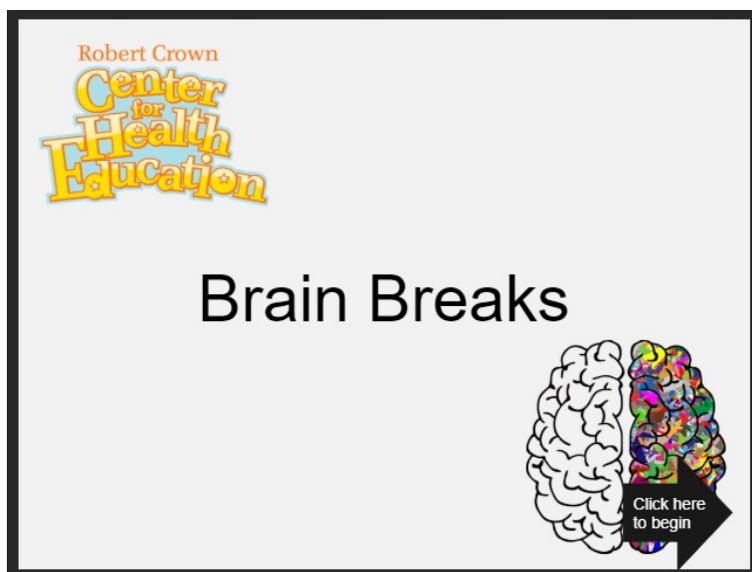


First, we know via research and experience that as kids mature into their teen years, they become more prone to experiencing negative feelings toward signs of injustice. They also become more upset than when they were younger when they learn that they are being taken advantage of or manipulated.

[READ MORE >](#)

Social Emotional Learning Resource

Everyone needs a break, especially NOW! We've developed an online module that your kids can access to help develop skills to deal with uncertain times. Topics include: Breathing, Goal Setting, I-Statements, Guided Imagery, Positive Self-Talk, and De-Escalation. You can pick and choose the topics in any order you'd like...the choice is yours.



[TAKE A LOOK >](#)

In the News

Starting A COVID-19 'Social Bubble'? How Safe Sex Communication Skills Can Help

NPR

Ina Park has been in a monogamous marriage for more



than 15 years, but she feels like she has been having one safe sex conversation after another these days.

There was the time she and some close friends spent a few hours together without wearing masks, and she later realized she needed to ask: "Are you seeing other people?"

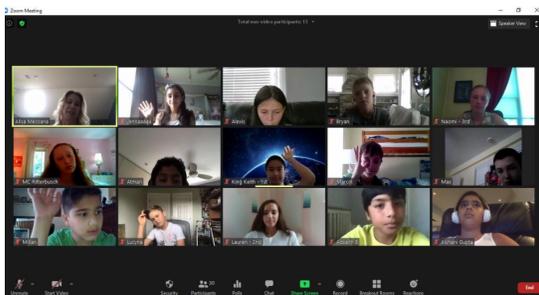
Or the time when she got a text from the mother of her son's friend. The mom suggested letting the boys play basketball together at her home, which led to detailed negotiations about risk tolerance, boundaries and types of protection.

"Those are conversations that some of us were used to having in the past and have not had for a long time," said Park. "Now, suddenly, we're having to have these awkward, safe sex-type conversations with all types of people that you wouldn't ordinarily have to have these conversations with."

[READ MORE >](#)

Virtual Body Trek Summer Camp

Our July edition of VIRTUAL Body Trek is happening this week, but we wanted give a quick peek of a few images from the June camp! It'll be returning next year either in-person, virtually...or who knows, maybe both!



Meet the Team

Lance Williams - Health Education Manager



Lance received his Bachelor of Science degree in Community Health Education from Illinois State University. After graduating, Lance began working with the Kane County Health Department as a Health Contractor, aiming to lower childhood obesity and tobacco use within the community. In February of 2011, Lance joined the Robert Crown Center as a Health Educator. In addition to teaching, Lance contributes to curriculum development and educator scheduling.

