

Teacher Lesson Plan

Sexting Animation

Objectives	 Students will be able to: Define sexting. Recognize that it is becoming more common among young people. Identify potential short and long-term impacts of sexting. Identify strategies for setting boundaries in a relationship
Duration	45-60 minutes
Materials	Student Viewing Guide Sexting Animation Extension Worksheet (optional)
Activity Outline	 Distribute the Student Viewing Guide. Ask students to complete the questions under the section marked "Before Watching." Watch the 3-minute animation (link the animation). Ask students to complete the remainder of the Student Viewing Guide. As a whole class or in small groups, discuss the animation and the questions from the Guide.
	 6. Read and discuss the tips for setting personal boundaries. Have students set personal boundaries in relationships before (i.e. with siblings or friends)? Would they be willing to share what the boundaries were and how they decided on them and communicated them?
Extension Activity	This worksheet (link the extension activity worksheet) allows students to apply what they have learned about sexting and its potential impact to a real-life scenario

This publication was supported by Grant or Cooperative Agreement number 6 NU87PS004311, funded by the Centers for Disease Control and Prevention. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the Centers for Disease Control and Prevention or the Department of Health and Human Services.