

## **Teacher Lesson Plan**

## **Pixelton Adventures - Finals Week Frenzy**

Objectives	<ul> <li>Students will be able to:</li> <li>Identify effects of commonly abused drugs by young people</li> <li>Identify coping strategies to manage stress</li> <li>Employ refusal skills in situations involving peer pressure and substance use</li> <li>Identify protective factors that help when making decisions regarding substance use</li> </ul>
Duration	45-60 minutes
Materials Activity Outline	Online access to the Candor Substance Abuse Prevention Portal and the Pixelton Adventures Game https://candorhealthed.org/substance-abuse-prevention-portal/ Pixelton Adventures companion worksheet Provide students with a copy or on-line access to the Pixelton worksheet Allow students approximately 45-50 minutes to work through the game (found on the portal: https://candorhealthed.org/substance- abuse-prevention-portal/) Discuss the experience and/or worksheet as a whole group if time permits
Extension Activity	Upon completion of the game, ask students to download the PDF that is available. It will provide a recap of the game, along with their scores and a short epilogue.